

## **Next Era Living—Our World of And Handout**

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World of And is part of our New Story of our next era of living. It is a place where there is connectivity on all levels, in each area of your life internally and externally. We will go on a journey and return with the wisdom and beauty of the world within you and the world around you through 12 gateways bringing you to your next era of living, guided by our World of And. The following fun process of progression can help you move from today to tomorrow, to the next era of meaning and contribution in your life.

### **Home**

I looked out my window and my HOME said to me: \_\_\_\_\_

In the past, HOME has meant: \_\_\_\_\_

Now, when I think of HOME it means: \_\_\_\_\_

In the future, when we think of HOME, it will represent: \_\_\_\_\_

In the next era of living, what our COLLECTIVE HOME can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of People**

I looked out my window and HUMANITY said to me: \_\_\_\_\_

In the past, PEOPLE have meant: \_\_\_\_\_

Now, when I think about PEOPLE, it represents: \_\_\_\_\_

In the future, when we think of PEOPLE, it will represent: \_\_\_\_\_

In the next era of living, what our collective HUMANITY can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of Mind**

I looked out my window and my MIND said to me: \_\_\_\_\_

In the past, when I thought of my MIND, I: \_\_\_\_\_

Now, when I think of my MIND, it represents: \_\_\_\_\_

In the future, when we think of our MIND, it will represent: \_\_\_\_\_

In the next era of living, what our COLLECTIVE MIND can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of Heart**

I looked out my window and HEART said to me: \_\_\_\_\_

In the past, when I thought of and felt my HEART, I: \_\_\_\_\_

Now, when I think of and feel my HEART, I: \_\_\_\_\_

In the future, when we think of and feel our HEART, it will represent: \_\_\_\_\_

In the next era of living, what our COLLECTIVE HEART can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of Emotions**

I looked out my window and EMOTIONS say to me: \_\_\_\_\_

In the past, when I thought of and felt my EMOTIONS, I: \_\_\_\_\_

Now, when I think of and feel my EMOTIONS, I: \_\_\_\_\_

In the future, when we think of and feel our EMOTIONS, it will represent: \_\_\_\_\_

In the next era of living, what our COLLECTIVE EMOTIONS can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of Imagination**

I looked out my window and IMAGINATION said to me: \_\_\_\_\_

In the past, when I thought of and felt my IMAGINATION, I: \_\_\_\_\_

Now, when I think of and feel my IMAGINATION, it represents: \_\_\_\_\_

In the future, when we think of and feel our IMAGINATION, it will represent: \_\_\_\_\_

In the next era, what our Collective IMAGINATION can contribute in our world: \_\_\_\_\_

### **Gateway to the Natural World**

I looked out my window and NATURE said to me: \_\_\_\_\_  
In the past, when I thought of NATURE, it has meant: \_\_\_\_\_  
Now, when I think of NATURE, it represents: \_\_\_\_\_  
In the future, when we think of NATURE, it will represent: \_\_\_\_\_  
In the next era of living, what our COLLECTIVE OF NATURE can contribute to our world is: \_\_\_\_\_

### **Gateway to the Spirit World**

I looked out my window and SPIRIT said to me: \_\_\_\_\_  
In the past, when I thought of my SPIRIT, it has meant: \_\_\_\_\_  
Now, what my SPIRIT means is: \_\_\_\_\_  
In the future, when we think of our SPIRIT, it will represent: \_\_\_\_\_  
In the next era of living, the role that SPIRIT can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of Time**

I looked out my window and TIME said to me: \_\_\_\_\_  
In the past, when I thought of TIME, it has meant: \_\_\_\_\_  
Now, when I think of TIME, it seems: \_\_\_\_\_  
In the future, when we think of TIME, it will represent: \_\_\_\_\_  
In the next era of living, the role that TIME can contribute to our world is: \_\_\_\_\_

### **Gateway to the World Unknown**

I looked out my window and the UNKNOWN said to me: \_\_\_\_\_  
In the past, when I thought of the UNKNOWN, it has meant: \_\_\_\_\_  
Now, when I think of the UNKNOWN, it represents: \_\_\_\_\_  
In the future, when we think of the UNKNOWN, it will represent: \_\_\_\_\_  
In the next era of living, what our COLLECTIVE UNKNOWN can contribute to our world is: \_\_\_\_\_

### **Gateway to the Paradox World**

I looked out my window and PARADOX said to me: \_\_\_\_\_  
In the past, when I thought of PARADOX, it has meant: \_\_\_\_\_  
Now, when I think of PARADOX, it represents: \_\_\_\_\_  
In the future, when we think of PARADOX, it will represent: \_\_\_\_\_  
In the next era of living, what PARADOX can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of Connectedness**

I looked out my window and CONNECTEDNESS said to me: \_\_\_\_\_  
In the past, when I thought of CONNECTEDNESS, it has meant: \_\_\_\_\_  
Now, when I think of CONNECTEDNESS it represents: \_\_\_\_\_  
In the future, when we think of CONNECTEDNESS, it will represent: \_\_\_\_\_  
In the next era of living, what CONNECTEDNESS can contribute to our world is: \_\_\_\_\_

### **Gateway to the World of And**

I looked out my window and our world of AND said to me: \_\_\_\_\_  
In the past, when I thought of AND, it has meant: \_\_\_\_\_  
Now, when I think of AND it represents: \_\_\_\_\_  
In the future, when we think of AND, it will represent: \_\_\_\_\_  
In the next era of living, what principles of the World OF AND can contribute to our world is: \_\_\_\_\_

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*When complete, look at the progression of each area. You will see the progression of me to we and the new story you are weaving. The new era of living is one that embraces new paradigm thinking. Next era living provides deeper, fuller life- meaning and expression on a personal and collective level. It is a dynamically inspired and expansive way of living that is thoughtful and loving to self, others and our world. Next era living makes way for a new dream and a new path in our lives and in our world for a Best Life, Best World.*